

# 20<sup>th</sup> Anniversory Hong Kong Paediatric Foundation

2014

The 20 Year Report 1994-2014

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### Hong Kong Paediatric Foundation The 20 Year Report 1994 – 2014

#### Introduction

The Hong Kong Paediatric Foundation is a Charitable Organization and is under the auspice of the Hong Kong Paediatric Society. Its holistic approach is dedicated to the advancement of child health and child care in Hong Kong. Our objectives and strategies in promoting child health care is best summarized in our Mission Statement.

The Foundation is supervised and managed by the Board of Trustees which comprises reputable individuals from the public and senior paediatricians. And the Foundation works through the Executive Committee, Fund raising Committee, Secretariat and Functional Subcommittees.

The Foundation has an official website: www.hkpf.org.hk for parents and children and has been revamped in 2013. Recent activities, publications and public education materials are included in the website. This serves as an authoritative source for selected information on some medical problems in children.

「健康成長我關心」,「兒童安危、父母所為」,「 關懷創明天」香港兒科基金為非牟利機構,於 1994年3月24日正式成立,主要成員來自香港兒科醫學會及社會的知名人士。我們的使命是致力提高本地兒童健康及護理質素,並加強市民對兒童疾病的認識;這一切都有賴您的支持。

#### The Activities and Achievements

The activities of the Foundation can be grouped into 4 categories: 1. Health Education: i) Public education (public talks, press conferences, exhibitions, child health care book publications, interview by media, TV shows and interviews, ii) Education for child health related professionals (short course or lecture for child health care workers e.g. for kindergarten teachers on Infectious Diseases and Prevention and Control Measures). 2. Interactive Activities for Children and Families (Hong Kong Healthy Children Competitions, Film shows, Drawing competitions, Singing Competitions, Public Fora); and 3. Interactive Activities for Child Advocacy and Professional Development (Child Health Policy, Professional Forum, Multidisciplinary Conferences and Seminars) and 4. others (Gala Premiere, Cinderella Show, etc.). Most of the activities are planned and managed by the executive committee and some are in collaboration with NGOs and child health care organizations.



### Hong Kong Paediatric Foundation The 20 Year Report 1994 – 2014

#### **Mission**

The Foundation is a non-profit making organization established on 24<sup>th</sup> March, 1994 by the resolution of the members of the Hong Kong Paediatric Society.

We are dedicated to the advancement of child health and child care in Hong Kong, and strengthening the public's knowledge about child diseases. We depend entirely on your support for our achievements.

#### 使命

「健康成長我關心」,「兒童安危、父母所為」,「 關懷創明天」

香港兒科基金為非牟利機構,於 1994 年 3 月 24日正式成立,主要成員來自香港兒科醫學會及社會的知名人士。 我們的使命是致力提高本地兒童健康及護理質素,並加強市民對兒童疾病的認識;這一切都有賴您的支持。

#### **Objectives of the Foundation**

We provide activities and programmes for both the professionals and the public designing to:

- 1. Enhance the involvement of children in maintaining and improving their own health.
- 2. Ensure that all children have access to the necessary living conditions required for optimal health and growth.
- 3. Promote healthy behaviours and reduce the incidence of preventable death, disability, injury and illness.
- 4. Foster supportive families, caregivers and communities.
- 5. Ensure a safe, sustainable, high-quality physical and mental environment for children in Hong Kong.
- 6. Provide a comprehensive and cost-effective network of policies, programmes and services that stresses health promotion and care.

#### 目標

我們為專業人士及香港市民提供多項活動及工作項目,以達到以下目標:

- 1. 促使大眾關注及積極參與改善兒童健康問題;
- 2. 確保所有兒童都可享有達致健康和成長所需的生活條件;
- 3. 推廣健康生活方式,及致力減少可避免的死亡、殘障、意外受傷及疾病;
- 4. 培育對兒童提供支援的家庭、護理員及社羣;
- 5. 為兒童提供一個安全、持續性及優質的生理及心理環境;
- 6. 提供一個以加強健康教育及護理為本,而且是全面和具成本效益的政策、計劃及服務網絡。

### **The Logo of the Foundation**

The evolution of the logos of the Foundation aptly describes the developmental milestones and the philosophy of child health promotion of the Foundation (HKPF):

Year	Logo	Explanation
1994	THE STATE OF THE S	The Foundation Board decided to use the logo of the Hong Kong Paediatric Society (HKPS) as the HKPF logo. This signifies that the HKPF is wholly owned by the HKPS.
1997	Hong Kong Paediatric Foundation 香港兒科基金	The Chinese slogan 護幼匡兒 denotes that the Foundation is dedicated to protect the children and promote their healthy growth.
2001	香港兒科基金 The Hong Kong Paediatric Foundation	The prototype of the present logo. Designed by Mr. Freeman Lau. It shows a happy child taken care by a happy adult.
2002	兒童安危 Child safety 成人所為 Your responsibility	We took up the theme of protecting the children by adults with suggestions of slogan from Mr. Cheung Chi Kwok.
2003	香港兒科基金 The Hong Kong Paediatric Foundation	Modified.
2009	香港兒科基金 Hong Kong Paediatric Foundation	In line with the production of new pamphlets, website and emphasizing in lively family life, the Exco chose this new design revised by Mr. Freeman Lau.

#### **Organization Structure (2014)**

**Honorary Patron** Mrs. Regina Leung

Honorary Adviser Ms Abbie Chan

#### **Board of Directors**

Board Chairman Dr. Chan Chok Wan
Vice-Chairman Mrs. Augusta Cheung
Hon. Secretary Dr. Lilian Wong
Hon. Treasurer Dr. Henry AuYeung
Directors Dr. Roy Chung

Dr. Chow Chun Bong Dr. Cheng Man Yung Dr. Ng Yin Ming

Dr. Lilian Wong (Ex-officio member)

**Health Ambassador** Ms Sherry Tsai

#### **Executive Committee**

Director Dr. Chan Chok Wan

Deputy Director Prof. Chan Chi Fung, Godfrey

Administrator Ms Rebecca Lee
Exco. Members Mr. Clarence Chan
Dr. Daniel Chiu
Ms Shirley Chong

Dr. Simon Hugh Lam
Ms Susanna Lee
Ms Gloria Luk
Ms Jennifer Luk
Mr. Duffy Wong
Prof. Thomas Wong
Dr. William Wong
Dr. Yeung Chung Him

Dr. Yu Chak Man

#### **Operation Team**

Members Dr. Nicholas Chao

Dr. Chen Hong

Dr. Cheung Hon Ming Dr. Genevieve Fung

Dr. Tony Lau Ms Anita Liu Ms Carol Lo Dr. Siu Kiu Lok Ms Jay Yuen There are some landmark events in the past 20 years, some of which would be highlighted here:

#### 1996

#### **The First Publicity of the Foundation**

The first publicity of the Foundation was conducted by the Board Chairman. Board Chairman Dr. CW Chan gave a talk on the Hong Kong Paediatric Foundation's mission and future activities at the Rotary Club of Channel Island at World Trade Centre Club to solicit support on 23 November, 1996.

#### **Hong Kong Healthy Children Competition (HKHCC)**

HKHCC was the annual competition jointly organized by HKPS and Sing Tao Daily since early 1960s.



From 1994 at the 32<sup>nd</sup> Hong Kong Healthy Children Competition (HKHCC)

HKPF took over to co-organize with Sing Tao Daily



From Year 2002, the annual HKHCC was co-organized by HKPF and the BGCA

#### **Hong Kong Healthy Children Competition (HKHCC)**

All along, the Initial Rounds will enroll about 600 children from 3 – 10 years into 4 groups from applicants of over a thousand. About 25 best performers of each group will be enrolled into the Final. These two events have all along been held in Queen Elizabeth Hospital (QEH) with the support of the Paediatric Department and the Hospital Chief Executive. Dr. William Wong, on behalf of the Chinese University of Hong Kong has been in-charge of the initial rounds since 1998. Department of Physiotherapy and Department of Paediatric, QEH took care of the initial rounds with addition of medical students from Chinese University since 1998. The Final is usually held 4 – 6 weeks later and consists of two parts - the Occupational Therapy Department took care of the Eye-hand co-ordination and intelligent tests side while guests were invited as judges in the second part with Talent Show in the Final. Normally the Prize Presentation Ceremonies were held on the Mother's Day in the shopping malls, in order to extend the activities to involve families.

Then in the **38**th **HKHCC** in **2001**, we co-operated with mybaby.com and Singtao. We skipped the 2003 event because of SARS. From the **40**th **HKHCC** in **2004**, we have been co-operating with BGCA. The schedule has changed to avoid clash of the prize presentation with the busy Mother's Day.









#### **Fund Raising / Education Events**

On 28 May 1996, as student educational activity and fund raising, a performance (Cinderella Show) in the form of children's opera by students from the Fong Fong Kindergartens group supported by Mrs. Pei was held at the Hong Kong Coliseum – a first major fund raising event for the Foundation.

Subsequently, the funding of the Foundation is mainly from the selling of books, donation from philanthropists and by holding Gala Premiere.



The Cinderella Show

#### 1997

#### **Health Education Exhibitions**

Chicken-pox Prevention: 14-15 June 1997, at the Kowloon City Plaza. Exhibition with games for children was again held on 29-30 Nov 1997 at Tuen Mun Town Plaza. 23 – 24 May 1998 at Kowloon City Plaza. Public received with enthusiasm. Educational Pamphlets on chickenpox were enclosed for parents' reference.



Health Education Exhibitions - Chicken Pox Prevention

#### **Press Conference on Childhood Injury Prevention**

Press Conference on Childhood Injury Prevention was held at the 9<sup>th</sup> Asian Congress of Paediatrics at the HKCEC on 23<sup>rd</sup> March 1997. The PC was well received and widely reported by the media.

#### 1998

#### **TVB EYT Show – on Home Safety**

Home Safety Show through TVB's programme "Enjoy Yourself Tonight Show" was hosted by HKPF with guest artists and singers on 9 January 1998. Before advertisement break, a sum-up + advertising HKPF given. Singers: Jacky Cheung, Ah Lam, Chow WK, Sit Ka Yin were present. The Guest of Honor: our Patron, Mrs. Betty Tung.



We introduced the Foundation and some previous activities like: Hong Kong Healthy Children Competition; participation in the Asian Congress of Paediatrics; Newspaper columns; Cinderella Show; and Chickenpox Exhibition.

#### "Layman Education Programme on Hib Disease"

On 19 June 1998, we held a Haemophilus Influenzae type b (Hib) Education Programme. This included lectures to public and exhibitions.

#### **Public Education**

Seminars and talks by Paediatricians of The Hong Kong Paediatric Society to parents

#### **Injury Prevention - The Theme Year Program**

Office Guidance To Prevent Childhood Injuries

- 1. Anticipatory guidance for injury prevention would be effective and should be part of the medical care provided for all infants, children, and adolescents.
- 2. This guidance should be appropriate for the child's age and local situation.
- 3. Safety counseling schedule with age-appropriate safety surveys (for ages <1 year, 1-3 years and 3-6 year) and age-appropriate safety sheets were developed.
- 4. 2000 sets of safety surveys for ages 1 3 years were printed under the sponsorship of HKPF.
- 5. Proposal for action by Hong Kong Paediatric Society:-
- a. A workshop on guidance to prevent childhood injuries and how to use the survey and counseling sheets.
- b. Survey and counseling sheets distributed to all members on request.... etc.

#### **HKPF & BGCA Healthy Lifestyle Project**

Ms Cindy Kwok and Dr. Ng Yin Ming took care of the Project. Dr. Wu Shun Ping from HKPS public education subcommittee was nominated to chair the project. The BGCA had two representatives: Ms Lam Yee Mui and Mr. Tsui Hon Ming. The BGCA would execute the whole project and mobilize the various centers of the BGCA to help in the different phrases of the project.

There were 3 stages of the project:

Questions and Answers + drawing competition on healthy lifestyle. Publicity to all primary schools, children centers and MCHCs and hospitals with paediatric departments started in late January 2000.

- 1. Seminars and Game stalls on Healthy life-style at BGCA sites on 19.3.00.
- 2. Healthy lifestyle camp on 21-22 April 2000 at Bradbury Camp for 100 children.

### The Gift-of-Life Hong Kong – co-organized by the Rotary Club of Hong Kong Bayview and the Hong Kong Paediatric Foundation

This project started in year 2000, a concerted effort of the Foundation and the Rotary Club of Hong Kong Bayview. Four young children with congenital heart diseases, all with Tetralogy of Fallot, were sponsored to receive timely, free cardiac surgery in the USA. The project was liaised by Dr. Ng Yin Ming, Dr. Yeung Chung Him and Mr. Roy Chung (Cardiologists: Dr. Maria Lee Shuk Han and Dr. Chan Kwok Chiu). All children were successfully treated and returned to Hong Kong and they are followed in the Department of Paediatrics, Queen Elizabeth Hospital. The project was successfully concluded in 2004. (All the 4 children have grown and are well. Parents express gratitude during follow up)



#### **Health Education**

Health Education EXPO 2000 in the Hong Kong and Exhibition Centre: we had participated in the EXPO and exhibited the Education Materials handed down from previous Exhibitions.

#### **Immunization Book**

There are 6000 copies and they were distributed to all child health care workers including all paediatricians and Family Medicine doctors, and general practitioners.

Press Conference was held to introduce the importance of Immunization in children and alert the public on Immunization and the Schedule. Also Consensus meeting for professionals was organized by Dr. CB Chow to introduce the Immunization Book.

### The 38<sup>th</sup> Hong Kong Healthy Children Competition co-organized with mybaby. com and Singtao Daily

This year, the Prize Presentation cum Guinness World Record Challenge on drawing a longest picture by kindergarten students was held on 13<sup>th</sup> May 2001 on Mother's Day at the Indoor Sports Playground, Kowloon Park, Kowloon. Mrs. Betty Tung, JP, our Patron, honored the occasion and completed the finishing brush. We were unable to break the World record with 600 students drawing at the same time.

#### **The MTR Health Education Panels in January 2011**

The MTR Panels for public education were posted up in late January for 3 months on nutrition. A total of 3 Panels were displayed in different locations of the MTR station: Causeway Bay, Kwai Fong, Jordon and Quarry Bay.







#### **Health Book with Cartoons For Parents**

We published a Chinese Book on Diseases and Child Health Care for Parents, illustrated by cartoons, in 2001, with the co-operation of the Greenfields Publishing company. This book was sold via different outlets and was well received by the public. We planned to publish a second one in year 2007.

#### 2002

#### **Health Lifestyle & Camp with BGCA**

Healthy Lifestyle activities and camping at the Bradbury Camp of BGCA were well received. The comments were that this was a worthwhile project reaching over 3000 clients (students and their parents).

#### Website

The Foundation established her own website in 2003, viz. www.hkpf.org.hk which serves as a venue for direct communication with the public. Foundation activities and new articles on health information were uploaded regularly.

#### **Press Conferences – Norwalk Virus Infection**

Because of the concerns shown by parents on Norwalk Virus infection affecting children, to allay parental anxiety, a Press Conference was held on 26 November 2003. This served as public education on Norwalk Virus and gastroenteritis, and it was also an image building exercise.

#### 2004

#### **Gala Premiere**

A Gala Premiere was organized by the Foundation as a Fund Raising event and reception to underprivileged children on 17 September 2004 (Friday), 8:30 pm. The film chosen was "The Terminal". It was held at the Hong Kong Polytechnic University and was well attended by the Foundation executive members, public and celebrities.

香港兒科基金送上慈善電影首映《機場客運站》(The Terminal)。於二零零四年九月十七日(星期五)晚上八時卅十分,假紅磡香港理工大學賽馬會綜藝館舉行。是晚冠英雲集,賓主同欣賞湯漢斯精彩演出。









#### The 40th Hong Kong Healthy Children Competition

A survey on students "Perception of Health "was carried out with BGCA between March and May 2004, questionnaires were sent to primary and secondary schools and there were 2439 (Primary 1107, Secondary schools 1332) valid returns. Useful and interesting results were revealed to the Public by hosting a Press Conference on 23 September 2004 at BGCA Assembly Hall. The results were widely reported by media and posted in our website.

A remarkable "Most people Hula Hooping" Guinness World Record Attempt was held during the Prize Presentation Ceremony on 12 December 2004 at the Polytechnic University of Hong Kong with 2400 school children successfully completed the Attempt. However, this record was broken by another group in Hong Kong in the same year. The aim of introducing the concept of benefit of exercises to these school children was however transpired. The Prize Presentation was honored by the presence of Dr. York Chow, Secretary for Health, Welfare and Food who presented prizes and souvenirs.



Hula Hooping - 2400 school children completed the Attempt





Guest of Honor: Dr. York Chow and Mr. Timothy Tsun-Ting Fok

#### **Survey on Addiction in Children in April 2005**

A survey on Addiction in Children was launched. The survey was completed and the final data was prepared by HKU. "Small Group Parents Discussion" was organized in April 2005, with different parents from different schools. Dr. Linda Cho of HKU presented the major data drew from the feedback of small group of parents. Their perception and feedback from hearing the data result were also obtained. Press Conference was held in May. After that, a "Parent talk / discussion" offered free to 6 ~ 8 schools. Using Dr. Linda's modified power point, Educational CD teaching kids were made and given to schools.

### Press Conference - Survey Result on Understanding the Need of Public Education for Parents in August 2005

A total of 2,266 completed questionnaires from parents with at least one child of 5 years old or younger are collected from 30 kindergartens randomly drawn from the kindergartens in Hong Kong, and the data is processed by Hong Kong Institute of Asia-Pacific Studies, the Chinese University of Hong Kong. The results of the survey are announced on 1 Aug 2005 in a press conference by Dr. Chan Chok Wan, Chairman of HKPF and Dr. Ng Yin Ming and Dr. Yau Yat Sun.

#### Forum – in collaboration with the BGCA in October 2005

In collaboration with the BGCA, 3 Forums were held in in Jan, June and October 2005. They are Forum on Education Reform of 3+3+4, Poverty affecting children and Building Healthy Tomorrow respectively. In-depth discussions were held and proposal made.



Discussion in the Forum with Students

#### The 41st HKHCC Charity Walk and Prize Presentation Day

The 41<sup>st</sup> HKHCC Charity Walk and Prize Presentation Day was held on 11 December, 2005 at Sai Kung Po Leung Kuk, with the Charity Walk starting point and finishing station being there. The Charity Walk was well attended by children and their family members.

Press Conference - 香港兒科基金《香港家長照顧年幼病童行為調查》新聞發布會

#### 2006年4月3日(星期一)下午2時30分至3時30分

This press conference on how do parents of Hong Kong cope with their children's illness was well attended and reported by the media on 3 April 2006. The contents of the press conference were uploaded into our Website and we had received requests to use our data by students of the Universities.

#### **Film Show for Families**

In order to arrange events for family activities, "Nanny McFee" Film Show was organized free for Families in the Ocean Terminal Cinema on 16 April 2006. These tickets are free for children and families who had participated and helped in the HKPF projects



Media Projects - "Moi Moi Tea in The Afternoon 下午麼麼茶"and "One O'clock Be Smart Show 精靈一點鐘"

The project was co-ordinated by Dr. CW Chan. Members of the Foundation and guest speakers of the HKPF have appeared in 10 sessions of the ATV: "Moi Moi Tea in The Afternoon 下午麼麼茶" and 12 sessions with RTHK's "One O clock Be Smart Show 精靈一點鐘" in September 2006. Again joint programme with RTHK – Seven half hour sessions from RTHK Radio 1 of "The One O clock Be Smart Show" were recorded in November to December 2006 by Dr. CW Chan, Dr. CH Yeung, Dr. Winnie Yam, Dr. Philomena Tse and Dr. Agnes Tse participated. They gave their expert views on different childhood problems and diseases in newborns, neurological and developmental problems and eye problems in children, like squints.

#### 42<sup>nd</sup> Hong Kong Healthy Children Competition

The Competition was jointly organized with BGCA. The venue was at Tai Po Mega Mall. There were over 1000 children participated in the 4 age groups with first round in October, second and final round in November. It was successfully concluded on 10 December 2006 with a Prize Presentation Ceremony where Dr. P Y Lam, Director of Department of Health was the Guest of Honor. Dr. C W Chan was interviewed by the media and the event was reported in Newspapers and TV.

#### 2007

#### **RTHK Radio Programme**

Four series under the RTHK programme 香港兒科基建工程 were released with very good response. Dr. C W Chan hosted the July series with Shiu Kwok Wah / Ms Cheung Yuen Kwan and interviewed 4 HKPF members: 1) Dr. Henry Au Yeung on IQ & Multiple Intelligence 多元智能; 2) Dr. C M Yu on Gastrointestinal Health in Newborn 兒童陽胃健康; 3) Dr. Y M Ng on Heart Health and Innocent Murmur 兒童心臟健康; 4) Dr. C H Yeung on Mental Health and Behavioral Disorders 兒童心理健康. The other series were participated by other paediatricians of the Foundation. The recordings were obtained from RTHK and are uploaded in our website.

#### **Talented Children Forum**

In collaboration with the Gifted Council – on 6 October 2007, chaired by Dr. C W Chan, invited celebrity like the Hon. Ms Audrey Eu Yuet Mee, the Hon. Mr. Jasper Tsang Yok Sing, etc. and attendance from the floor, participated this round table presentations and discussions on different dimensions on gifted children in HK. This served to alert and call for attention of the Society and Government on the problems, education and solutions on gifted children in Hong Kong.

#### **Happy Family Forum**

In collaboration with the BGCA, happy family forum was held. The key messages were that Family is the foundation and corner stone of happiness for children; it is also the safety net for children. The rights of children in the family and what constitute a "Happy Family" in the eyes of the children were discussed. Besides parents, students were also invited to give views. Press release on 3 Feb. 2007 on a survey on "Happy Family". Other activities included Children Forum and Happy Family News selection.

#### **Gala Film Day – For Families in Under Privileged Areas**

The objective was to enable families from under-privileged areas to enjoy a movie and eating out in the city. Dr. Lilian Wong reported that HKPF facilitated a Disneyland Film Show called " 五星級大厨" at MegaBox UA on 2 September 2007 for 54 under privileged families from the Single Parents' Association. There were 144 attendees, including parents and children. HKPF had provided funds for lunch and return trip. Dr. Cheng Man Yung and Ng Yin Ming attended the Film Show and Ceremony. The brief report of the event has been posted on the HKPF website.





Disneyland Film Show called "五星級大厨" at MegaBox UA on 2 Sep., 2007

#### 2008

#### **HPV Vaccination Promotion**

"The HPV Vaccines in Hong Kong" Medical Forum was scheduled on Sunday, 6 January 2008 followed by Press Conference on 31 January 2008 to announce the result of a survey on "Doctors' attitude towards giving HPV vaccines to teenage girls". Based on the scientific evidence, HKPF proposed the girls 9 – 26 years should receive HPV vaccination and recommended the Hong Kong Government should include HPV in the EPI scheme to reduce female"s risk of acquiring cervical cancer.





#### We Fight Against Influenza

Dr. Roy Chung attended the opening ceremony of the "We fight against influenza" campaign on 23 March, 2008. The campaign was jointly organized by WHO, FHSS, HKPF, and HKHA. Prof Thomas Wong & Ms Shirley Chong arranged to make this event possible.

#### 12 May Sichuan Earth Quake

We will alert the public through mass media on the problems that the victims are facing after the disaster and how HKPF can help from the professional view point. Prof. Thomas Wong & Shirley Chong coordinated with the media, Ming Pao and Oriental Daily News to interview Dr. CW Chan on 15 May. CW conducted talks on RTHK and Commercial Radio, set up round tables to meet with major newspapers.

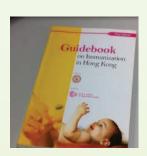
#### **Child Left Alone Project**

Dr. YM Ng and Dr. CM Yu attended the Seminar on Child Left Alone on 3 May 2008 and Round Table Discussion on 6 June 2008, organized by the Department of Paediatrics and Adolescent Medicine, Caritas Medical Centre in collaboration with Caritas Social Welfare Service (Kowloon West), co-organized with Hong Kong Christian Service and sponsored by Hong Kong Paediatric Foundation.



#### Books

We have published 2 books this year. One book on Immunization – "Guidebook on Immunization in Hong Kong" for professionals; and one child health care book in Chinese for parents – "Things that Parents Should Know""兒童健康問題理想知", launched on 1 June 2008.







#### The 44th Hong Kong Healthy Children Competition

The 44<sup>th</sup> Hong Kong Healthy Children Competition, co-chaired by Mr. Roy Chung and Dr. YM Ng, was successfully completed in December 2008 with 5 groups of children and 600 competing. This time the co-organizer was the BGCA (The Boys' & Girls' Clubs Association of Hong Kong) in collaboration with Queen Elizabeth Hospital and the Department of Paediatrics, the Chinese University of Hong Kong.

#### **Meeting Patron of HKPF**

Representatives from the Foundation met with our Patron, Mrs. Selina Tsang at the Hong Kong Academy of Medicine on 7 July, 2008 and briefed Mrs. Tsang our Foundation's work and progress.



Meeting Mrs. Selina Tsang, our Patron of HKPF in 2008

#### 2009 (Theme Year - Home Safety)

#### **Home Safety Project with Rotary Club**

Theme year events for 2008-9 was on Home Safety. Dr. CH Yeung and Dr. CW Chan were in charge of this theme year programme.

This is a project jointly organized with the Rotary International and District 3450. Rotary Clubs from HK and Macau under leadership of District Governor Albert Wong works with HKPF. Together they want to find out how serious the situation is and to find ways to help the young families in both places.

Survey – 50 kindergartens, randomly selected, including one from Macau. Questionnaires were sent to their parents with a good return. Results were analyzed by HKU, and a Press Conference and Launching was successfully held on 17 February 2009 with wide Media coverage at the Hall of BGCA.

"Home Safety Song" was first introduced, music and lyric by Mr. Mahmood. Recommendations on Home Safety and 10 Traps at Home and ways to deal with these traps were announced and posted on our Website.



Fun Fair at Olympian City – took place on 4 April, the Director of Health Department was guest of honor. TV celebrities sang "home safety song" with school children, dramas by kindergarten children, teachers and parents were performed. Passers-by that came to our game stalls were well rewarded.

Meeting the Parents and Teachers – on 27 May 2009, about 250 parents and teachers, principals and district board members were assembled at the theatre of EdB in Kowloon Tong. Representatives from all 18 districts were there to sign a pledge that they would do their utmost to protect the well being of children

The HKPF will be producing education material on child safety in the form of Power Points for teaching and demonstration purposes to parents, teachers and maids. Singing Contest on the Safety Song amongst kindergartens – proposed to take place in late October.

#### Theme Year Programme 08 - 09 - Obesity in Children

We have another Theme Year Program on Obesity chaired by Dr. C M Yu. The project is still ongoing addressing children's weight problem. The Foundation funds the research on influence of school on obesity.

#### **New Structure of the Hong Kong Paediatric Foundation**

Board Meeting on 3 September, 2009 endorsed the revised structure and functions of the committees of the Foundation. Dr. Cheng Man Yung was elected the Chairman of the Executive Committee 2008 – 2009.

#### **Hong Kong Paediatric Foundation Health Ambassador**

We have invited a renowned Olympic Swimmer of Hong Kong, university student Ms Sherry H W Tsai 蔡曉慧 as our Health Ambassador and she has kindly accepted.



Sherry has been helping the Foundation in activities to promote child health. She has been participating in the annual events of Hong Kong Healthy Children Competition, as interviewer and facilitator in the Health Education Video Recordings like 健康寶庫 - 健康頻道, which have been posted in the You Tube and our Foundation website. The rest you could find under "健康寶庫" on the website were "常見病例", "飲食營養" and "健康運動".

#### The 45th Hong Kong Healthy Children Competition

In collaboration with BCGA, more than 2000 participants were recruited to perform "Tai Chi 18 Styles" during the competition. We exercised and broke the World Record.







Guinness Record of Tai Chi Martial Arts 18 Styles jointly organized by HKPF and BGCA in 2009

#### Website

Our Website <u>www.hkpf.org.hk</u> will be undergoing a revamp at end of this year. The idea is (a) to post our Activities and relevant information in the Website, and (b) to provide a site where users will find information trustful – we shall have child health care articles from our members continuously posted and for other and further child health care information, we shall introduce LINKS to world renowned and trustful websites for parents" information; (c) it will be given a new look.

### Forum on "Safer Use of Cough & Cold Medicine in Children - Recommendation for Hong Kong"

The forum was held on 8 April 2009 to alert health care professionals on the safer use of cough & cold medicine in Children.

#### Seminar on Human Swine Flu H1N1

The Seminar was organized by the Hong Kong Paediatric Foundation on 15 July 2009 in Royal Plaza Hotel. The disease nature and the management of the disease were highlighted.



Group photo

#### **Seminar on Pneumococcal Conjugate Vaccine (PCV)**

The Seminar was held on 31 Oct 2009 and was well attended by audiences.





Group photo

#### **Gifted Children**

The program was carried out by Dr. Yeung Chung Him and Dr. Henry Au-Yeung. Dr. Yeung Chung Him and Dr. Henry Au-Yeung would continue with their work in Gifted Children in the coming year.

#### Professional Fora – Lead by Dr. C W Chan

Child Advocacy is one of the Missions of the Hong Kong Paediatric Foundation (HKPF). Headed by Dr. Chan Chok Wan, Board Chairman of the HKPF, series of professional fora were organized strategically throughout the years, to serve as a sharing platform for paediatricians, nurses, child health related specialists and other healthcare professionals and work together for the future development of child health in Hong Kong.

#### Forum on "Effect of Air Quality to Child Health in Hong Kong" at QEH

The Forum was held on 25 November 2009. "The Policy – Consultation Paper on Air Quality Objectives Review" were delivered by Mr. W C Mok, Assistant Director (Air Policy), Environmental Protection Dept., HKSAR, followed by "Setting the Scene – Overview of Child Health in relation to Air Quality" by Dr. Chow Chun Bong and then by Prof. Leung Ting Fan on "The Clinical Implication – Air Pollution and Allergic conditions in children".



Dr. CM Yu and Mr. WC Mok



Dr. CW Chan, Mr. WC Mok, Dr. TF Leung and Dr. CM Yu

#### 2010

#### Forum on Food Safety and Child Health in Hong Kong at QEH

The forum was held on 7 Oct 2010 with Dr. Philip Ho, Consultant of the Centre for Food Safety, Food and Environmental Hygiene Department as our guest speaker. All attendants found the information very useful.



Dr. Philip Ho delivered the talk



Q & A Session

### Forum on Future Centre of Excellence in Paediatrics (CEP) in Hong Kong on 7 January 2011 at HAHO

Dr. York Chow, Secretary for Food and Health, Food and Health Bureau, HKSAR was invited as our guest speaker on 7 January 2011 in the Forum on Future CEP in Hong Kong. The forum was well attended with more than 300 health care professionals including doctors, nurses, allied health professionals from HA, DH, private practice and NGOs. Everyone was very keen to learn more on how the CEP is going to work and the initial phase of development. Dr. York Chow gave a very comprehensive overview and structure of its development. Hot issues on training needs, manpower and research were being discussed.



Dr. Chan Chok Wan, Dr. York Chow and Dr. Kelvin Liu

#### 2012

RoadShow: DR. MAX 特約 - Paediatric Lessons 兒科學堂



In collaboration with the RoadShow production team, a series of 26 Health Education Videos with health messages given by paediatricians and paediatric nurses were launched in 2012 in the form of interesting stories. Topics included: 1) Influenza Vaccine 流感疫苗 2) Allergy Rhinitis 小兒鼻敏感 3) Chronic Cough in Children 兒童長期咳嗽的處理 4) Finger biting 咬手指 5) Gait and posture problem 兒童八字腳處理 6) Exercises in Children 兒童健康運動 7) Nightmare of Children 發惡夢 8) Scoliosis in Children and Adolescents 兒童脊柱側彎的認識 9) Eating Behavior and Control 食量控制與管理 10) Sibling Rivalry 兄弟姊妹的紛爭 11) Dyslexia 讀寫障礙 12) Attention Deficit Disorder 兒童專注力問題 13) Brain Development in Children 兒童左右腦發展 14) Sleep Walking 夢遊 15) School Refusal 抗拒上學 16) Hyperactivity Disorder 過度活躍症 17) Social life 團體生活 18) Gastrointestinal Problem in Children 兒童陽胃問題 19) Sex in Children 兒童性教育 20) Vision in Children 兒童視力問題 21) Epistaxis in Children 兒童流鼻血 22) Autism 自閉症 23) Telling lie 説謊 24) Hair biting 咬頭髮 25) Defective in Persuit and Saccadic Eye Movements 視覺追蹤功能失調 and 26) Childhood Obesity (兒童肥胖). The videos were shown on buses to public as health education and subsequently uploaded in HKPF web for sharing.

#### Funfair co-organized by HKPS and HKPF on 7 Oct 2012

The funfair, jointly organized by the Hong Kong Paediatric Society and Hong Kong Paediatric Foundation as a public event of the 50th Anniversary Celebration was taken place at the Event Hall, UG/F, City Walk, Tsuen Wan on 7 Oct 2012 (Sun) pm. In the event, there were exhibitions showing child health development in Hong Kong in the past 50 years. Besides booth games and health checks for children and families, a talk and press conference on Myopia project which is jointly hosted by the Hong Kong Paediatric Foundation and Hong Kong Polytechnic University was held; followed by health education talk on "小朋友成日摔眼-怎麼辦?" by Dr. Jeff Hui, Associate Consultant, Department of Ophthalmology, Caritas Medical Centre. The response to the funfair was excellent and more than hundreds of children and families attended.







### Professional Forum on Child Health – Use of Cough Mixtures in Children in Primary Child Health Care – An Update on 26 Nov 2012 at QEH.

In the forum, Dr. Cheng Chun Fai, Group Leader, Private Practicing Paediatricians Study Group, delivered the talk on "Setting the Scene – Case Sharing to Illustrate the Clinical and Professional Implications of Using Cough Mixture in Primary Care Setting", followed by Dr. Daniel Ng, COS(Paed), KWH; President of Hong Kong Society of Paediatric Respirology on "Risks and Benefits of Using Cough Mixture in Children in Hospital Setting". Prof. Godfrey Chan, Professor and Chair in Paediatrics, Department of Paediatrics and Adolescent Medicine, The University of Hong Kong delivered his talk on "Role of Cough Mixtures in Paediatric Practice"; Dr. Daniel Chiu, President of The Hong Kong Paediatric Society talked on "Update on the Indications and Practical Tips of Using Cough Mixture in Paediatrics". The forum was concluded by Dr. Chan Chok Wan after heat discussions from the participants.



(From left) Prof. Godfrey Chan, Dr. Cheng Chun Fai, Dr. Daniel Ng, Dr. Chan Chok Wan and Dr. Daniel Chiu

#### Summit of Breastfeeding on 18 Dec 2012 at HAHO

We are honored to have invited Prof. Ding Zongyi, President of the Chinese Committee for Child Health, President of Chinese Medical Doctor Association be our speaker on "Early Nutrition, Breast feeding and Child Development". His talk was followed by Dr. Chan Chok Wan, Chairman, Ethics Committee, International Pediatric Association (IPA), WHO Advisor on Child and Adolescent Health on "Ethics for Early Nutrition", Ms Susanna Lee, President of The Asia Pacific Paediatric Nurses Association gave the talk on "Promotion of Breastfeeding in the Community in Hong Kong". Though breastfeeding was highly promoted in Hong Kong, the support to lactating mother on breastfeeding was still inadequate. Ways of support including facility enhancement, employer's and family support were viewed important by the audiences.



(From left) Dr. Lilian Wong, Ms Susanna Lee, Dr. Chan Chok Wan and Prof. Ding Zongyi

## Professional Forum on Child Health - Manpower Crisis for Child Healthcare Professionals in Hong Kong: Challenges and Opportunities was held on 3 January 2013

The forum was well attended with over 100 participants, most of them were doctors and nurses. In the forum Dr. Daniel Chiu, President of the Hong Kong Paediatric Society briefed the participants on the "Current Situation of Manpower Crises of Paediatricians". Dr. Li Chi Kong, Chairman of COC(Paed), HA, explained that the "Problems Confronting" were doctor's recruitment and shortage. Dr. Chow Chun Bong, Hon. Consultant Paediatrician of Princess Margaret Hospital discussed with participants "the Ways Ahead" we needed to address. After that, the panelists including Dr. Chan Chok Wan, Board Chairman of HKPF; Dr. Wong Sik Nin, Dr. Chan Hin Biu, Dr. Tsao Yen Chow, Dr. Alfred Tam, Ms Susanna Lee and all Seminar Speakers started the panel discussion. At the end, it was concluded that the manpower crisis in Paediatrics was a short term problem in public service as well as a long term recruitment and training problem to the entire profession. Immediate measures should be taken in the profession such as the existing paediatric practice should move from hospital to communitybased integrated child health care model; the school curriculum should be newly designed with Internship programme rearranged to include more patient management and skill-based training rather than just labor intensive work. Additional financial incentive for extra workload or night calls etc.

A written full report on the concern of the manpower issues was sent to the Bureau, Dept. of Health and HA by HKPF after this forum.



(From left) Dr. Alfred Tam, Dr. Wong Sik Nin, Dr. Tsao Yen Chow, Dr. Chan Hin Biu, Dr. Chan Chok Wan, Dr. Daniel Chiu, Dr. Li Chi Kong, Dr. Chow Chun Bong and Ms Susanna Lee in the panel discussion.

### Professional Forum on Child Health - Challenges in Child Health: "Chronic Conditions and Social Determinants" was held on 10 January 2013 at HAHO

Prof. James M. Perrin, MD, FAAP, Professor of Pediatrics, Harvard Medical School Associate Chair, Mass General Hospital for Children President-Elect, American Academy of Pediatrics was invited to give lecture on this topic, followed by discussion with the participants. The forum was well attended by around 200 participants.



Prof. James M. Perrin

### Professional Forum on Child Health: "Poverty and Child Health in the 21st Century in Hong Kong" on 19 March 2013 at QEH

Ms. Lilian Law, Executive Director of The Boys' and Girls' Club Association of Hong Kong, delivered the talk on "Setting the Scene – the Overview of Child Poverty in Hong Kong"; "Practical Measures to Help Children Living in Poverty" was delivered by Ms Sze Lai Shan, Community Organizer of Society for Community Organization. The talk on "Economic Implications for the Entire Society with Children Living in Poverty" was given by Prof. Ho Lok Sang, Professor of Economics and Director of the Centre for Public Policy Studies, Lingnan University. Dr. Henry Au Yeung, Chairman of Executive Committee of Heep Hong Society talked on "How does Poverty Affect the Health of Children?" Heat discussion in the open forum started after the talks given by our speakers.



(From left) Mrs Lilian Law, Prof. Ho Lok Sang, Dr. Chan Chok Wan, Dr. Henry AuYeung and Dr. Daniel Chiu

# Professional Forum on Child Health – "Is Current Education System in Hong Kong compatible with Optimum Child Growth and Development?" on 16 April 2013 at QEH

The forum included "Setting the Scene – the Overview of Current Education System in Hong Kong" by Prof. Wong Po Choi, former Chairman of Committee on Home-School Cooperation. "The Roles of Pre-School Education for Optimal Child Development – from a Parent's Perspective" by Mr. Anthony Yiu, parent; "How to Include Child Health Elements into Primary Education" by Ms Mok Fung Yee, School Principal of Chan's Creative School; "How to Consolidate the Concepts of Preventive Health Care in Secondary Education?" By Professor Rex Li, Director of GT (Ellen Yeung) College; and "The Connection Between Child Health and Education" by Dr. Fung Kam Pui, Member of Child Advocacy Committee, The Hong Kong Paediatric Foundation.



Speakers and organizing team group photo

# Professional Forum on Child Health-"Critical appraisal of the Inclusive Education in Hong Kong – What Have We Achieved and What are the Rooms for Improvement?" on 9 May 2013 at QEH

The talks in the forum included "Setting the Scene – Overview of Inclusive Education in Hong Kong" by Dr. Sin Kuen Fung, Kenneth, Associate Professor, Director (CSNSIE), Department of Special Education, The Hong Kong Institute of Education; "The Challenges Faced by Families and Children When They Have Special Education Needs – from a Parent's Perspective" by Mrs. Iris Keung, President of the Hong Kong Association for Specific Learning Disabilities; "The Challenges Faced by School and Teachers in Inclusive Education" by Ms Yuen Sui Han, School Principal, Tsz Wan Shan Catholic Primary School and "The Way Ahead – How to Support Families and Schools to Accommodate Children with Special Education Needs under Inclusive Education" by Professor Cheng Pui Wan, Associate Professor, Department of Educational Psychology, The Chinese University of Hong Kong. In the talks and discussion, all opined that the funding support from the government to students with special health care needs in inclusive education was seriously insufficient. Teachers faced great difficulties and felt stress in management of the students with and without special needs as well as their parents in school at the same time.



(From left) Dr. Sin Kuen Fung Kenneth, Mrs. Iris Keung, Dr. Chan Chok Wan, Ms Yuen Sui Han and Prof. Cheng Pui Wan

### Professional Forum on Child Health - Do Discrimination and Inequality exist in Child Health in Hong Kong? was held on 16 July 2013 at QEH.

Dr. York Chow, Chairman, Equal Opportunity Commission was invited to talk on "Setting the Scene – Overview of Equal Opportunities for Children of Minor Ethnic Groups and Children with Special Needs", followed by Ms Nancy Tsang, Director, Heep Hong Society on "Challenges and Inequality faced by Families and Children with Special Care Needs". Then Mrs. Priscilla Lui, Vice Chairperson, the Hong Kong Committee of Children's Right delivered the talk on "The Way Ahead – How to Protect our Children from Discrimination and Inequality".



(From left) Dr. Tony Lau, Dr. Lilian Wong, Dr. Daniel Chiu, Dr. York Chow, Mrs. Priscilla Lui, Ms Nancy Tsang and Dr. Chan Chok Wan

### Professional Forum on Child Health – Media and Child Health in the 21st Century was held on 10 September 2013 at QEH

Prof. Alice Lee, Associate Professor, Department of Journalism, Hong Kong Baptist University was invited as the speaker to talk on "Media Literacy in the 21st Century", Prof. Donna Chu, Assistant Professor, School of Journalism and Communication, The Chinese University of Hong Kong on "New Challenges of Media for The Health of Children", then Ms Leung Wai Yee Jonna, Part Time Lecturer, Dept. of Journalism and Communication, Hong Kong Shue Yan University gave a talk on "Use of Media for Child Health Education in Hong Kong". The audiences, with most of them were healthcare professionals and parents, viewed that the forum was fruitful. They become more alert on the invisible impact of Media affecting our children and their health nowadays.



(From Left) Ms. Jonna Leung, Dr. Lilian Wong, Prof. Donna Chu and Prof. Alice Lee



Group photo

### Professional Forum on Child Health: "Resilience and Children Development" was held on 19 November 2013 at QEH

Professor Daniel Shek, Chair Professor of Applied Social Sciences, Dept. of Applied Social Sciences, The Hong Kong Polytechnic University was invited to talk on "Resilience for children and adolescents", followed by Mr. Derek Ko, Training Director- DKTA Training Academy to talk on "Life Education and Resilience". He also shared with the participants his own experiences and coping skills in overcoming the great difficulties when losing his right hand. Dr. Roy Chung, Honorary President, Federation of Hong Kong Industries, Co-Founder and Non-Executive Director, Techtronic Industries Co Ltd. delivered his talk on "Overcome Challenges in Life" and shared with audiences his hard work throughout his grow-up journey.







Mr. Derek Ko and Dr. Roy Chung

### Professional Forum on "Child Health PCV 13 Booster Vaccination Programme – the unanswered questions in Hong Kong" on 6 December 2013 at HAHO

The negative news and uncertainties on Pneumococcal Infection and Vaccine issue had raised high concerns from the public and professionals. Ad hoc Professional forum on "PCV 13 Booster Vaccination Programme" was thus organized on 6th Dec 2013. In the forum, Prof. Leung Ting Fan was invited to talk about the current situation in Hong Kong, Dr. Daniel Chiu, President of The Hong Kong Paediatric Society, gave a talk on the Science of PCV and Dr. Chow Chun Bong, Chairman of Scientific Committee on Vaccine Preventable Diseases, Centre of Health Promotion, briefed the audiences about the most update news and the Recommendation regarding the Pneumococcal Vaccine.





(From left) Dr. Daniel Chiu, Dr. Chow Chun Bong, Dr. Chan Chok Wan and Prof. Leung Ting Fan

#### 肺炎鏈球菌的感染及疫苗認知」on 2 Dec 2013

#### 由陳作耘醫生講解

DBC 數碼 4 台校園台「8910 大本營」interviewed Dr. Chan Chok Wan Board Chairman, HKPF on the Recent Update on Pneumococcal Vaccination and Infection on 2 Dec 2013 2-3pm (program can be revisited through web).

#### "Friends of Child Health"

Every year, we launch a variety of activities like public health talks, for a and academic meetings and other activities for both public and professionals. To make it happen, we need a lot of helping hands. "Friends of Child Health" is thus established to recruit volunteers who have passion in child health development and are eager to serve children and families.

We have already recruited more than 60 volunteers since 2013. More volunteers are welcome to join to create a better world for our children to grow and develop.



#### **Education and Advocacy Bulletin**

From 2013, The HKPF Education and Advocacy Bulletin has been regularly published. Editorial Board members include: Dr. CW Chan, Dr Genevieve Fung, Dr. Hong Chen, Dr. Daniel Chiu, Dr. Kelvin Liu and Dr. Lilian Wong, Ms Susanna Lee and Ms Ella Ma.

#### 2013 June Issue

Professional Education and Advocacy in Child Health: A new Era for the Hong Kong Paediatric Foundation Bulletin

#### 2013 November Issue

Developmental Behavioural Paediatrics in Hong Kong: Past, Present and Future

#### 2014 June Issue

Professional Education and Advocacy in Child Health: Paediatric Neurology in Hong Kong: An Overview.



#### **2013 (Hong Kong Paediatric Foundation Website)**

### Hong Kong Paediatric Foundation Website Revamp: www.hkpf.org.hk in June 2013

The website serves an important function as an interface between Hong Kong Paediatric Foundation (HKPF) and the general public. HKPF website was revamped with new designs in 2013. It is now more user friendly and with more functions such as e-registration. Operation Team headed by Dr. Tony Lau, with Ms Jay Yuen, Ms Carol Lo and Mr. Pony Ma as team members, would constantly update the announcement and upcoming activities; and streamline materials which needed to be posted up in the web.



#### 2013 (Public Health Talk 2013)

#### Public Health Talk on 2<sup>nd</sup> June 2013

Speakers:

Dr. Nicholas Chao and Dr. Cheung Hon Ming





#### Public Health Talk on 30th June 2013

Speakers:

Ms Susanna Lee and Dr. Chen Hong





#### Public Health Talk on 7th July 2013

Speakers:

Dr. Kong Yim Fai and Dr. Siu Kiu Lok





## 2013 (Public Health Talk 2013)

#### Public Health Talk on 21st July 2013

Speakers:

Dr. Tony Lau and Dr. Simon Lam





#### Public Health Talk on 6th October 2013

Speakers:

Dr. Cheng Pik Shun and Dr. William Wong





The 49<sup>th</sup> Hong Kong Healthy Children Competition 2013 was held on 13 Oct 2013, 10 Nov 2013 and presentation award ceremony on 24 Nov 2013



## **2013 (Child Health Policy)**

#### **Child Health Policy**

There are Child Health Policies in US, UK, Australia, Canada and China to safeguard the interest and benefit of children. However, there is no local Child Health Policy for Hong Kong. A Steering Group headed by Dr. Chan Chok Wan was formed in January 2013 to share thoughts with others and work on the drafting of the Child Health Policy for Hong Kong. As the framework of Child Health Policy covers 3 aspects - Medical, Social and Education, and the professional team taking care of child health should be transdisciplinary and intersectoral comprising of doctors, nurses, midwives, allied health professionals, teachers, social workers, parents and others, therefore, four drafting groups have been formed namely: 1) Medical group convened by Dr. Chow Chun Bong 2) Nursing and Allied Health Professionals Group convened by Ms Susanna Lee 3) Social Group convened by Dr. Daniel Chiu and 4) Education Group convened by Dr Lilian Wong, the groups will work together on the development of the Child Health Policy. The drafted policy will then be proposed to the government after public and professional consultation for consideration. The road map of the development of the draft of the Child Health Policy covers 4 stages:

- 1) Data collection
- 2) Drafting of Child Health Policy
- 3) Consultation with stakeholders and the public
- 4) Implementation.

In April 2013, A Policy Development Brief on Child Health in Hong Kong was drafted. SWOT questionnaires on existing child health issues were extensively disseminated to child care related professionals to collect comments. In August 2013, data collected were grouped together and the first draft of the Child Health Policy from different groups were completed and integrated. A Joint Meeting for drafting Groups and Steering Committee on Child Health Policy with a presentation Seminar was held on 16 August 2013 at World Trade Centre, Hong Kong. Over 40 drafting group members attended the presentation of the 1st draft. Followed this meeting and based on the important aspects so collected from professionals and experts in the 1st draft, six public forums, responsible by each drafting group would be held in 2014 to collect opinions from the general public.



Presentation of drafting group reports on Child Health Policy on 16 August 2013

### 2014 (Certificate Course 2014)

# Certificate Course for Kindergarten Teachers 2014 on Common Infectious Diseases in Children and Infection Control in Kindergarten

The Course was held on 9 Feb, 23 Feb, 9 Mar and 23 Mar 2014 in Jordan Valley St Joseph's Catholic Primary School. Course Director was Dr. Tony Lau. The course was kicked off by our Guest of Honor, Mr. Yeung King Fai, Senior Education Officer (KGA), Professional Development & Special Education Branch, Special Education & Kindergarten Education Division, Kindergarten Administration Section, Education Bureau, HKSAR. Invited speakers included Dr. Tony Lau who spoke on "Pneumococcal Infection and the Preventive measures", Dr. Genevieve Fung on "Influenza"; Ms Annie Leung on "Infection Control Measures in School and the Importance of Hand Hygiene". Dr. Chen Hong on "Hand, Foot and Mouth Diseases", "When will be Safe to Resume School after Illness? and Immunization Program"; and Dr. Vercia Lau on "Understanding Chickenpox and its Prevention" and "Management of the Infected Children". The Course was well attended by around 100 teachers. The feedbacks were good. They viewed that their knowledge on infectious diseases and the control of spread of infection was well enriched after the course.



(From left) Dr. Tony Lau, Dr. Chan Chok Wan and Ms Susanna Lee



AREA CALLED TO THE CALLED TO T



Dr. Vercia Lau







The teacher



# 2014 (兒童健康小錦囊 2014 研討講座)

#### Public Forum on 30 March 2014 - 孩子動不起來了!

To collect views from public. Convened by Dr. Chow Chun Bong

如何令孩子更聰明健康?

剖析體能對身心發展的重要牲

講者: 雷雄德博士(香港浸會大學體育學系副教授)





#### Public Forum on 13 Apr 2014 - 香港孩子失失慌?

To collect views from public. Convened by Ms Susanna Lee

#### 了解兒童成長的需要

認識護理與專業支援促進健康的要素

講者: 陳穩誠博士(資深臨床心理學家),香港理工大學兼任副教授 (應用社會科學系)香港大學榮譽副教授(心理學系)









# 2014 (兒童健康小錦囊 2014 研討講座)

#### Public Forum on 11 May 2014 -幼稚園起跑線定輸贏?

To collect views from public Convened by Dr. Lilian Wong

剖析教育的真正意義

推動全人教育

講者:鄧藹霖女士(資深傳媒人)







To collect views from public. Convened by Dr. Daniel Chiu

探討貧窮兒童面對的挑戰,

減低對貧窮兒童不公平的對待

講者:羅致光博士(扶貧委員會關愛基金專責小組主席、香港大學社會工作及社會行政學系副教授)





CO PARNAS



# 2014 (兒童健康小錦囊 2014 研討講座)

#### Public Forum on 3rd Aug 2014 - 青年夢想定將來

To collect views from public. Convened by Dr. Chen Hong

#### 促進開心的童年

發掘年青人的夢想

講者:許強懋先生(青協賽馬會茵怡青年空間單位主任)





#### Public Forum on 31st Aug 2014 - 我可以不做怪獸家長嗎?

To collect views from public. Convened by Dr. Genevieve Fung

#### 檢視港式家長的心態

#### 提倡育兒秘缺

講者:任伯江教授(香港教育傳意與科技協會創會會長兼榮譽院士)

任蔡藹怡校長 (閩僑中學前校長)

羅建英女士(世界宣明會中國辦事處人力資源管理總監,港大同學會小學前校董)











# Professional Forum on Child Health: "Update on Children's Hospital for Hong Kong – The design, the Planning and the Implementation" on 3 March 2014 in QEH

The establishment of Children's Hospital for Hong Kong signified an important milestone for the development of child health in Hong Kong. It was amazing that Ground Breaking Ceremony of the Hong Kong Children's Hospital (HKCH) was held on 25 Feb 2014 at Shing Cheong Road, Kowloon Bay. Health care professionals working for children were very keen to know the future design, planning and the current stages of development. A professional forum was arranged on 3 March 2014 by HKPF. Dr. Lily Chiu, Consultant (Commissioning/HKCH), Hospital Authority (HA), Dr. Libby Lee, Chief Manager (Strategic and Services Planning & Knowledge Management), HA and Dr. Li Chi Kong, Chairman of COC (Paed), HA, and Dr. Daniel Chiu, President, The Hong Kong Paediatric Society were invited as speakers to update audiences with the new progress of the development of HKCH. The response to this forum was good. Training and manpower issues were being discussed. The audiences viewed the forum very informative and fruitful.

### 2014 (Public Health Talk 2014)

#### Public Health Talk on 7 June 2014 at Hong Kong Science Museum

Convenor: Dr. Cheung Hon Ming

Speakers:

Dr. Tony Lau on Children Respiratory Tract Infection

Dr. Kong Yim Fai, Albert on Children Infectious Rash and Management



(From left ) Dr .Tony Lau, Dr. Kong Yim Fai and Dr. Cheung Hon Ming

# Public Health Talk on 21 June 2014 at Hong Kong Science Museum

Convenor: Dr. Cheung Hon Ming

Speakers:

Dr. Wong Kin Tak on Common Children Cardiovascular Disease Dr. Jeff Hui on Common Children Eye and Visual Problems







(From left) Dr. Lilian Wong, Dr. Jeff Hui, Dr. Wong Kin Tak and Dr. Cheung Hon Ming



## 2014 (Public Health Talk 2014)

#### Public Health Talk on 12 July 2014 at Hong Kong Science Museum

Convenor: Dr. Cheung Hon Ming

Speakers and topics:

Dr. Chak Wai Kwong on Children Neurological Infection and Prevention

Dr. Cheung Hon Ming on Children Noctural Enuresis – Cause and anagement



Group photo



Dr. Chak Wai Kwong, Dr. Cheung Hon Ming and Dr. Lilian Wong



### Public Health Talk on 23 Aug 2014 at Hong Kong Science Museum

Convenor: Dr. Cheung Hon Ming

Speakers and topics:

Dr. Henry Au Yeung on Children Early Development Needs – Nutrients and Environment

Dr. Jason C M Yeung on Children Home Safety



(From left) Dr. Henry AuYeung and Dr.Chan Chok Wan





**Group Photo** 



# (Celebrating the 20<sup>th</sup> Anniversary of Hong Kong Paediatric Foundation Summit on Child Health and the Environment 2014)

#### The Summit on Child Health and the Environment 11-13 Oct 2014



Building and protecting the environment for the health of our children is important. The Summit on Child Health and the Environment 2014, organized by the Hong Kong Paediatric Foundation (HKPF) and the Hong Kong Paediatric Society (HKPS), with the aims to initiate movement to protect children by creating a caring and friendly living environment for them to grow and develop, was held on 11 -13 Oct 2014 as one of the many academic activities to celebrate the 20th Anniversary of HKPF at the Hong Kong Academy of Medicine Building. The Summit advocated "Healthy Children, Healthy Environment". Through this summit, medical practitioners, nurses, healthcare workers, academics, government bodies, NGO's gathered in Hong Kong to share their knowledge and insights on how each party could contribute to build a healthy environment.

We were honored that Prof. Ruth Etzel, Chair of the International Pediatric Association (IPA), Environment Health Technical Advisory Group; Professor in Paediatrics and Epidemiology and WHO ex-adviser on Environment Health (2009-2012) for being our advisor and designing the program of the Summit. Other international and local experts and pioneers presenting included Prof. Ding Zongyi (China); Prof. Zhang Jun Jim (China); Prof. Chen Pau Chung (Chinese Taipei), Dr. Reiko Kishi (Japan); Dr. Chan Chok Wan (Hong Kong) and many others.

Topics in the Summit included the latest initiatives on environmental protection for child health; a forerunner's role in promoting child health and environmental protection; resources available to steer through environmental issues affecting child health; implications on future health care for children; And much more.

Programs on the first two days covered key child health issues such as neurodevelopmental problems, respiratory problems and food safety issues and its relationship to environmental hazards. Experts in the field were invited to cover air, water, sound and light pollutions that had directly affected human health.

The program on the third day was mainly focused on policy and advocacy. Representative from the Food and Health Bureau and the Environmental Bureau would delineate the government policy and practical measures on environmental health while the community partners would share their work in advocating child health and the environment.

# 2014 (Summit on Child Health and the Environment on 11 Oct 2014 – Day 1)

# Morning Welcome to our Guests of Honors, Distinguish Guests and Overseas Experts on 11 Oct 2014

On the 1<sup>st</sup> day of the Summit, Dr. Chan Chok Wan, Board Chairman, HKPF; Mrs. Augusta Cheung, Vice Chairman, HKPF; Dr. Lilian Wong, President, the Hong Kong Paediatric Society (HKPS); Dr. Roy Chung, Director, HKPF; Dr Daniel Chiu, Immediate Past President, HKPS and other HKPF Directors extended our warmest welcome to Hong Kong Government Officials including Dr. Ko Wing Man, Secretary for Food and Health, HKSAR; Mr. Wong Kam Sing, Secretary for the Environment, HKSAR; Prof. Sophia Chan, Under Secretary for Food and Health, HKSAR and renowned overseas experts including Prof. Ruth Etzel; Prof. Ding Zongyi; Prof. Zhang Jun Jim; Prof. Chen Pau Chung; Dr. Reiko Kishi, Dr. Liu Xihong and other guests.





Meeting our officiating quests, distinguish quests and renowned overseas experts

#### Opening Ceremony at Run Run Shaw Hall on 11 Oct 2014

Opening ceremony started at 9am after National Anthem. Welcome address was given by Dr. Chan Chok Wan, Board Chairman of the HKPF, followed by Addresses by our Officiating Guests, Dr. Ko Wing Man, Secretary for Food and Health, HKSAR; Mr. Wong Kam Sing, Secretary for the Environment, HKSAR and Prof. Ruth Etzel, Adviser for the Summit, then ended with Vote of Thanks by Dr. Lilian Wong, President of The Hong Kong Paediatric Society. The Opening Ceremony was kicked off by our Officiating Guests representing the collaboration of HKSAR Government and all healthcare professionals for building a healthy environment for our children. A group photo was taken with all guests on the floor before the Ceremony adjourned.



Dr. Chan Chok Wan, Board Chairman of HKPF (middle), Dr. Lilian Wong, President of HKPS (left) and our Officiating Guests including Dr. Ko Wing Man, Mr. Wong Kam Sing and Prof. Ruth Etzel





Official Ceremony – good collaboration

**Group Photo** 

### 2014 (Summit on Child Health and Environment on 11 Oct 2014 Day 1)



Group photo with Participants at Hong Kong Academy of Medicine Building

#### **The Summit**

Programs on the first day i.e. 11 Oct 2014 covered the key child health issues such as neurodevelopmental problems and respiratory problems.

#### Keynote lecture I - Children 's Unique Vulnerability to **Environmental Hazards**

Prof. Etzel shared with audiences the four differences between children and adults that children were more vulnerable to environmental hazards. Today more attention of paediatricians would be paid on the underlying environmental, physical, chemical and social causes of paediatric morbidity and mortality. Prof. Ruth Etzel and Dr. Chan Chok Wan



#### Seminar 1: Neurodevelopmental Disorders in Conjunction with Environmental Hazard

Lectures included "Exposure to Environmental Pollutants during Pregnancy and Newborn Development in Shanghai" by Prof. Zhang Jun Jim, "Prenatal Environmental Exposure and Early Childhood Neurodevelopment" by Prof. Chen Pau Chung and "Effects of Heavy Metal Exposure on Neurodevelopment of infants" by Dr. Simon Lam.



Prof. Zhang Jun Jim (left), *Prof. Chen Pau Chung and* Dr. Simon Lam (right)

Lunch Symposium included the talks by Prof. Huang Li Min on "Japanese Encephalitis and Prevention in Asia: the Unmet Needs" and "Long Term Health Consequences of Early Nutrition" by Dr. Frits A. J. Muskiet.

### Symposium 1 on Tobacco and Impact of Second Hand Smoke on Child Health

It included "Children's Health: the Impact of Tobacco Smoking, Second and Third Hand Smoke" by Dr. Judith Mackay; "Tobacco Campaign in Hong Kong" by Prof. Sophia Chan; "Territory wide

Study on Smoking Exposure in Adolescents and Children" by Dr. Daniel Ho, followed by Dr. Brian Chung on "Epigenetics and Health Risks with Tobacco Exposure" and Dr. Patrick Lo on "Hong Kong Legislation on Tobacco Control".



(2 moderators) (left), Dr. Mackay, Dr. Lo, Prof. Chan, Dr. Chung and Dr. Ho

# 2014 (Summit on Child Health and the Environment on 11 Oct 2014 - Day 1)

#### **Symposium 2 on Air pollution and Respiratory Disease**

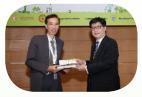
"Global Scene of Air Pollution" was delivered by Prof. Ruth Etzel, followed by "Phthalate and Organophosphate Triesters in House Dust and their Associations with Asthma and Allergies" by Prof. Reiko Kishi. "Air Pollution and Respiratory Health: Local Studies and Implication for Prevention" was given by Prof. Wong Tze Wai; "Pneumococcal Disease and Prevention in Hong Kong" by Prof. Margaret Ip, then "Epidemiology of Respiratory Diseases for Children in Hong Kong" by Dr. Lee So Lun.

Prof. Ruth Etzel





Dr. Alfred Tam (right) presented souvenir to Prof. Reiko Kishi (left)







Dr. Yu Chak Man (left) presented souvenir to Dr. Lee So Lun (right)

Prof. Wong Tze Wai

Prof. Margaret IP

#### **Children Drawing Competition Award Ceremony**

In celebration of the 20<sup>th</sup> Anniversary of the Hong Kong Paediatric Foundation (HKPF), HKPF organized a drawing competition with the theme on "Healthy Environment, Healthy Children" to promote the awareness among children, parents, child health workers and society at large on building a healthy environment for children in Hong Kong. Over 150 drawings were received from kindergartens and primary schools. Selection was completed on 30 June 2014. Prize presentation ceremony was held on 11 Oct 2014 in the Summit. The lovely pictures were highly impressed by Mrs. Regina Leung, our patrons of HKPF.







Opening speech by Mrs. Augusta Cheung, Vice Chairman, HKPF



Mrs. Leung, adjudicator, presented the prizes to winners





Mrs. Regina Leung. Patron of HKPF, highly impressed with the talent of the children

## 2014 (Congratulation to the 20<sup>th</sup> Anniversary of Hong Kong Paediatric Foundation )

### Banquet on 11 Oct 2014



Meeting our Patron, Mrs. Regina Leung



Welcome Speech by Dr. Chan Chok Wan, Board Chairman of HKPF



Cake Cutting Ceremony by Mrs. Regina Leung and HKPF Board of Directors



Toasting – Cheers



Performance Show -The Little Life Warrior Choir (生命小戰士合唱團)



**HKPF** Banquet

# 2014 (Summit on Child Health and the Environment on 12 Oct 2014 - Day 2)

#### Birth Cohort Studies and Environment Health in Asia on 12 Oct 2014

The major objective of birth cohort studies is to better understand a broad range of environmental factors that influence the health and well being of infants and children. These birth cohort studies usually enroll participants during pregnancy and continue to follow children through adolescence or beyond. In the summit, we have invited several renowned speakers from the Asian Pacific Region including Prof. Ruth Etzel to speak on "Birth Cohorts and Environmental Health in Asia-BiCCA"; Prof. Zhang Jun Jim on "The Shanghai Birth Cohort"; Prof. Chen Pau Chung on "Taiwan Birth Panel Study on Children's Environmental Health"; Prof. Reiko Kishi on "Twelve years of Progress in the Hokkaido Birth Cohort Study on Environment and Children's Health: Focused on Dioxins and PFCs"; and Dr. Mary Schooling on "Birth Cohort and Environmental Health in Hong Kong". They shared with the audiences their birth cohorts studies and findings in relation to different environmental health hazards. They also shared with the audiences how the findings of the studies bridging the knowledge gap, answering the unsolved issues, providing evidence based support, making impact on public health policy and developing healthier environment for children.



Lunch Symposium included "A New Chapter on Cervical Cancer Prevention" by Prof. Leung Ting Fan, and "Perinatal Nutrition on Intestinal Immune System Modulation: Does this Predict Future Health?" by Prof. Mimi Tang.

#### **Keynote Lecture 2 - Environmental Health Indicators for Children**

The Lecture was delivered by Prof. Ding Zongyi. He shared with the audiences the research and clinical studies about 15 risk factors to health and injuries parameters of children which were later used as the environmental health indicators for children.



Prof. Ding Zongyi

#### **Symposium 3 on Food Safety and Healthy Eating**

Experts in the field were invited to talk on Food Safety and Health Eating including Dr. Samuel Yeung, Prof. Kwan Hoi Shan and Prof. Ding Zongyi . Dr. Liu Xihong also talked on the "Promotion of Breastfeeding – Practical Measures and the Environmental Hazard".



### Symposium 4 on Environmental Pollutants and Child Health

Experts in the field were invited to talk on the "Sources, Fates, Effects and Health Risk Assessments of Major Food Contaminants, with Emphasis on Pearl River Delta"; "Health Effects of Electronic Media for Children in HK"; "Urban Forms in HK and Their Acoustical Environment" and "Public Concern for Excessive External Lighting".



Prof. Wong Ming Hung on Food



Dr. Thomas Chung on Electronic Media



Mr. Maurice Yeung on Sound



Dr. Albert Chau on Light

# 2014 (Summit on Child Health and the Environment on 13 Oct 2014 – Day 3)

The program on the third day was more on policy and advocacy.

Keynote Lecture 3 – The Role of Health Care Professionals in Safeguarding a Healthy Environment for Our Children by Dr. Chan Chok Wan



Dr. Chan Chok Wan and Dr. Lilian Wong

#### **Seminar 2 on Environmental Health Advocacy**

"WHO and Global Initiatives on Environmental Health Advocacy" was delivered by Prof. Ruth Etzel, followed by Dr. York Chow, Chairperson of Equal Opportunities Commission, on "Children's Right and Equal Opportunities". Lastly, Ms Christine Loh delivered the talk on "Environmental Protection and Public Health in Hong Kong".







Prof. Ruth Etzel

Dr. York Chow

Ms Christine Loh

#### **Lunch Symposium on The Nurturing Environment for Children**

"Family Environment" was presented by Prof. Daniel Shek; "The Family and School" by Prof. Cynthia Leung; "Healthy School Environment" by Prof. Albert Lee; "Play and Play Environment – An Integral Part of Happy & Healthy Childhood" by Ms Kathy Wong and "Peer Environment" by Kids Dream representative. All were important to the healthy growth and development of children.



Prof. Daniel Shek

Prof. Cynthia Leung

Prof. Albert Lee

Ms Kathy Wong

Kids Dream

#### **Seminar 3 on Environmental Health Initiatives**

Experts in the field were invited to deliver the lecture including Prof. Peter Brimblecombe on "Exposure to Air Pollution and the Impact to Health" and Prof. Ho Kin Chung on "Water Quality and Control of Water Pollution in Hong Kong". Speakers also shared with the audiences about the Initiatives and actions which have been carried out to keep the environment healthy.



Prof. Peter Brimblecombe



Prof. Ho Kin Chung

# 2014 (Summit on Child Health and the Environment on 13 Oct 2014 – Day 3)

Round Table Discussion – How to achieve the goal of "Healthy Environment for Health Children"?



In the Round Table Discussion Session, the definition of "Environment" of children and "How to work together and achieving a healthy environment for the growth of our children?" were widely discussed. Besides Physical Environment, e.g. air, noise, water, food, there were other conditions which also affect health such as Social Environment including community, neighborhood, culture, poverty and resources. Family Environment like parenting, emotion, relationship; School Environment like knowledge, life skills and healthy life style training, safety and security; Peer Environment and Legal Environment from the perspective of Children's Right. All viewed as important. At the end of the round table discussion, targets were set including 1) to determine timeline for implementation, 2) to guide future research direction and 3) to set up policy to achieve the goal of "Healthy Environment for Healthy Children".

#### **Press Conference**

Press Conference was held. Message to Media highlighted that children were vulnerable to environment hazards. In Hong Kong, the existing environment was unfavorable for children's healthy growth and development. All Stakeholders should work together to ensure "Healthy Environment for Healthy Children".



#### **Closing Ceremony**

The Summit was very successfully held and well attended by over 457 attendants, the comments to the Summit were excellent. Let's work together for building a healthy environment for our children.



#### Book for Parent 「您的孩子真的健康成長嗎?」

To celebrate the 20<sup>th</sup> Anniversary of HKPF, the book named 「您的孩子真的健康成長嗎?」 with parents as the target readers has been published in Oct 2014. The content in the book was contributed by a group of experienced child health related professionals including paediatricians, paediatric nurses, clinical psychologist, dietitian, social workers, professors, play manager, school principals based on their wealth of expertise and knowledge in child health and family services. The book aimed at providing the parent the most orthodox methods to raise their children in a healthy environment. The books were not for sale but given to parents as souvenirs in our Foundation activities. The electronic copy of the book was uploaded in HKPF website for parent's reading pleasure. Due to copyright, the book could not be downloaded for other purposes. For parents or public who were interested to make a donation to Hong Kong Paediatric Foundation, they were always welcome. The donation form with details could be found on the last page of the book or could be downloaded from HKPF website.



#### The 50th Hong Kong Healthy Children Competition 2014

The 50<sup>th</sup> Hong Kong Healthy Children Competition 2014 was co-organized by HKPF and BGCA. Same as previous years, the response to this event was overwhelming. The opening ceremony was held on 19 October 2014 in Queen Elizabeth Hospital (QEH). The final talent contest and health fitness test were held on 16 Nov 2014 at QEH. In the contest, children were grouped in different ages for the competition. Some dressed like animated figures. They showed their top talent with singing, dancing and magic show etc. For the very small aged group (age of 3), parents sitting beside were highly excited and busy in expressing hints and tips to their little ones throughout the whole process of performance. All enjoyed every bit of the talent shows. The bond and support from their families were impressive.



**Opening Ceremony** 



Health Fitness Test



Judges and children performers



Talent contest

#### The 50th Hong Kong Healthy Children Competition 2014

#### **Prize Presentation Ceremony and Carnival on 23 Nov 2014**

The event started at 14:30 at the Area C, Hong Kong Cultural Centre Plaza, Tsimshatsui. It was a sunny day. Honorable Guests included Prof. Daniel Shek, Chairman of Family Council; Dr. Hon. Leung Ka Lau, Legislative Council member (Medical Constituency); Hon. Mr. Cheung Kwok Che, Legislative Council Member (Welfare Constituency) and Hon. Mr. Ip Kin Yuen, Legislative Council Member (Education Constituency). In the celebrating ceremony, Dr. Roy Chung, Chair of the Organizing Committee; Mrs. Lilian Law, Executive Director of BCGA; Mrs. Augusta Cheung, Vice-Chairman of HKPF, Dr. Lilian Wong, President of the HKPS and honorable guests promulgated the health message to public by reading the Health Declaration with the audiences and signing on the "Health Passport" on stage. The presentation of prizes to the winners of the competition was an exciting moment. The talent shows by the winners and the performance shows like lion dance, rope dance show won the loud applauses from the audiences. Mr. Sandoz, our health ambassador shared with the audiences the tips in healthy living.



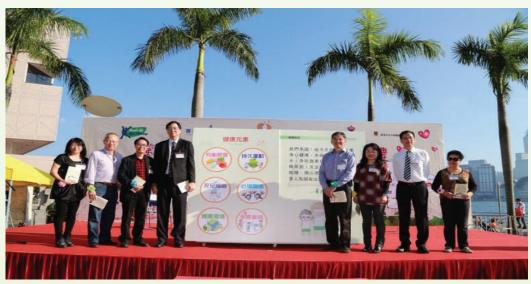
Group photo with (from left) Mrs Sandoz, Mr. Sandoz, our health ambassador



Lion Dance



Signing on the Health Passport



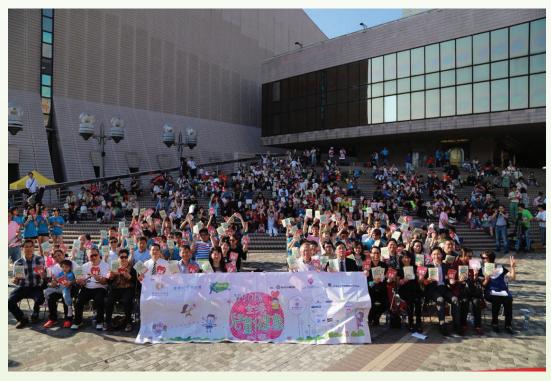
(From left) Mrs. Lilian Law, Dr. Roy Chung, Hon. Mr. Cheung Kwok Che, Dr. Daniel Shek, Dr. Hon. Leung Ka Lau, Dr. Lilian Wong, Hon. Mr. Ip Kin Yuen and Mrs. Augusta Cheung

### The 50th Hong Kong Healthy Children Competition 2014

**Prize Presentation Ceremony and Carnival on 23 Nov 2014** 



Winners of the 50<sup>th</sup> Hong Kong Healthy Children Competition 2014 Awards



Group Photo – 50<sup>th</sup> Hong Kong Healthy Children Competition 2014 Prize Presentation Ceremony and Carnival

